THE WATER-ENERGY-FOOD NEXUS AS A TOOL FOR TRANSFORMING RURAL LIVELIHOODS IN SOUTHERN AFRICA

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Introduction

- The water-energy-food nexus is being championed as a tool for integrated resource management at international, regional and national levels
- The majority of southern Africa's populace reside in rural areas
- Limited access to clean, safe water, as well as energy for domestic and agricultural purposes
- Food insecurity still persists in these areas
- The promise of a better life for all??



What to do?

- There is a need for research, development and innovation continuum that links the WEF nexus
 - improving rural livelihoods, and
 - addresses the sustainable development goals (SDGs)
- We assessed challenges and opportunities for adopting the WEF nexus to address water, energy and food insecurity in rural areas in southern Africa
- Ongoing work



What we have found so far....

- Water insecurity largely persists across rural areas
 - No access to safe and clean drinking water
 - Traditional water sources are fast being depleted
- Biomass (firewood) remains a major source of energy
 - Massive deforestation and land degradation
 - Loss of grazing lands
 - Poses serious environmental threats
- Food insecurity is on the increase
 - Majority of rural households face food insecurity
 - Availability and access to nutritious foods
- Climate change has a multiplier effect
 - Increasing frequency and severity of droughts



What we have found so far....

- Complex decision making
 - □ People in rural areas constantly juggle how to allocate scarce water, energy and food resources to meet household needs
- Competition for household resources
 - ☐ A disproportionate amount of labour and income is spent on water, energy and food for the household
- Exacerbating inequalities
 - □ Women and children bear the brunt
 - ☐ They spend a significant amount of their time sourcing water, fuelwood and tending to food gardens
- Implications for human health and well-being
 - ☐ The procured water and energy are often of poor quality, further exposing people to other environmental and health risks

How can the WEF Nexus assist?

- The WEF nexus approach offers opportunities to sustainably address rural development and livelihoods
 - For example, the use of biodigesters for energy generation and the use of bioslurry by-product as a source of nutrients and water in crop-livestock systems, highlights opportunities for practical applications of the WEF nexus
- The promotion of biofuels requires an understanding of tradeoffs between biofuels production, water availability and food security
- The use of solar powered boreholes could address access to water for domestic and food production without creating new energy demands
- With proper research, development and innovation, the WEF nexus could be a tool for transforming rural livelihoods
- It is recommended that the WEF nexus has a strong positive covariance with human wellbeing thus linking it to SDGs 2, 6 7.